F00D

Tabas

MENU

SOUP OF THE DAY All soups are served with garlic bread	18
TAPAS	
CHICKEN SAMOSAS 4 Pockets of cooked mixture of minced chicken, vegetables and spices served with cocktail sauce	12
CHICKEN SPRING ROLLS 6 mixed chicken and vegetables rolled in pastry sheets, fried to perfection, and served with sweet chill sauce	18
VEGETABLE SPRING ROLLS Pastry sheet filled with sautéed cabbage, onion, carrots and green paper, rolled and fried served with cocktail sauce	18
CORN RIBS Sweetcorn riblets with a dry-rub of Italian seasoning, fried and served with chilly mayonnaise	18
CAULIFLOWER NUGGETS Crumbed and fried cauliflower florets, served with ranch slaw	18
TILAPIA BITES Cubes of well-seasoned tilapia fillet, coated with corn starch – rice flour batter and served with lemon mayonnaise.	25
TAPAS CHICKEN	
All dishes are served with French fries and house salad	
BBQ CHICKEN WINGS Baked chicken winglets doused in our house bbq sauce	35
BUFFALO WINGS Baked chicken winglets served with creamy tangy hot sauce	35
CHICKEN LOLLIPOPS Seasoned chicken drumettes baked to perfection, served with homemade ranch dip	35
CHICKEN SKEWERS Honey Garlic marinated chicken cooked on a griddle for a sweet smoky flavour and stacked on a skewer with grilled peppers and onions	35
PORK	
All dishes served with French fries and house salad	
PORK RIBLETS Oven braised pork riblets, flavored with garlic honey-mustard sauce	35
PORK STIR FRY Stripes of pork fillet seasoned, browned, veggies, enhanced with soy-ginger sauce tossed in a wok	35
SALADS	
All salads are served with garlic bread TAPAS CAESAR SALAD lceberg lettuce, cucumber, roasted chicken stripes, boiled eggs, garlic croutons, cheese shavings and creamy homemade dressing	32
STEAKY SALAD Marinated grilled stripes of beef fillet, iceberg lettuce, carrots, green peppers, onions, dressed in creamy balsamic vinaigrette	32
PASTA	
Served with garlic bread and salad	
SPAGHETTI CHICKEN BASIL PESTO Spaghetti pasta, stripes of chicken in a creamy basil pesto sauce	45
SPAGHETTI BOLOGNAISE Penne pasta cooked in a classic Italian ragu	45
BEEF LASAGNA Homemade egg pasta sheets lavered with Italian	45

Homemade egg pasta sheets layered with Italian ragu, mozzarella cheese and baked to perfection served with house salad and garlic bread

BURGERS

made bun

All burgers are served with French fries and house salad

TAPAS CLASSIC BEEF BURGER Grilled beef patty with vegetables and seasoning, with topping of cheese, gherkins, tomatoes, lettuce and caramelized onions on a freshly made burger bun

HAPPY CHICKEN BURGER Grilled Chicken patty with vegetables and seasoning, with toppings of cheese, gherkins, tomatoes & onions on a freshly

BEEF SLIDERS	35
Three beef patties topped with	
melted cheese, pickles, caramelized	
onions homemade burger sauce	

CHICKEN SLIDERS
Three chicken patties topped with
melted cheese, bacon, pickles,
caramelized onions, homemade
burger sauce

SANDWICHES

All sandwiches are served with a side of French fries or potato wedges and house salad

CHICKEN SCHNITZEL	35
SANDWICH	
Breaded escalope of chicken,	

between slices of French bread filled with lettuce, tomatoes and homemade classic cocktail sauce

HAM AND CHEESE SANDWICH Cooked ham, gouda cheese, iceberg lettuce, onions, tomatoes jalapeno peppers, gherkins and honey mustard sauce in a freshly made French bread

WRAPS

All wraps are served with a choice of French fries or potato wedges and house salad.

TAPAS CHICKEN SHAWARMA
Slices of chicken fillet marinated,
griddled to perfection, wrapped in a
soft flour tortilla, infused in sweet chil
sauce, tomatoes and iceberg lettuce

TACOS
A choice of 3 mini flour tortillas filled with either chicken/fish/beef, avocado, tomato salsa and sour cream.

FLAT BREAD

GARLICY CHICKEN FLAT BREAD	40
Baked pizza base, with toppings of	
marinara sauce, mozzarella cheese	
and garlic chicken	

BACON MOZZARELLA FLAT
BREAD
Pizza base with toppings of

Neapolitan sauce, mozzarella cheese

EXTRAS

and bacon

FRENCH FRIES10
RICE 8
PLANTAIN10
BACON 8
AVOCADO 3

THE MAINS

35

35

35

35

35

All mains are served with a choice of vegetable rice, Swahilli rice, mashed potatoes, French fries, potato wedges, and house salads

RACK OF PORK SPARE RIBS Slow cooked pork rib roast in a barbeque - honey mustard sauce	45
HALF ROAST CHICKEN Oven roast half chicken glazed with chicken espagnole sauce	45
LEMON BUTTER TILAPIA Seasoned tilapia fillet baked in the oven with lemon butter sauce	45
FLAME BEEF FILLET Tenderloins of beef medallions, grilled to your preference with a creamy pepper sauce, sweet chili sauce. Served with garlic bread	45
MOROCCAN STYLE PORK CHOPS Grilled pork chops doused in sweet Moroccan spice	45
TERIYAKI CHICKEN BREAST Grilled boneless chicken breast	45

CURRIES

CHICKEN CURRY Boneless chicken cubes cooked in a creamy tomato /onion gravy with a mixture of ground spices. Served with a rice of your choice, French fries, or potato wedges	44
FISH CURRY Boneless fish cubes cooked in creamy tomatoes /onion gravy with a mixture of ground spices. Served with a rice of your choice.	44

coated with sweet, tangy sticky sauce

PLATTERS

French fries or potato wedges

MINER CRUI DI ATTER	100
MIXED GRILL PLATTER	120
6 pork riblets, 6 chicken lollipops,	
6 meatballs, plantain and French	
fries with a tomato & onions salsa,	
thousand island sauce and	
home-made BBQ sauce	

DESSERT

CHOCOLATE BROWNIE WITH ICE CREAM Baked chocolate brownie, served with a scoop of vanilla gelato	25
ICE CREAM A scoop of your choice of Ice cream	7



All prices are in 'thousands" (000's)

