

SIGNATURE BREAKFASTS Served from 9am until 2pm Monday to Friday | until 12pm Saturday & Sunday

MUSHROOMS ON TOAST V / Vegan without cream 8.95 Pan-fried wild mushrooms with black smoked garlic. Served on a bed of wilted spinach and sourdough toast.

SMASHED AVOCADO ON TOAST V 8.75

Smashed avocado served on sourdough toast with crushed chilli flakes, sesame seeds and slow-roasted vine tomatoes.

THE FULL VEGAN 12.95

Two vegan sausages, scrambled tofu, mushrooms, masala beans, smashed avocado, slow-roasted vine tomatoes and sourdough.

THE FULL ENGLISH 12.95

Two chicken sausages, turkey bacon, two fried eggs, baked beans, grilled mushrooms, hash browns, vine tomatoes and sourdough.

THE FULL INDIAN

Vegetarian / GF without paratha

Indian omelette, curried cholas (chick peas), slow-roasted vine tomatoes, grilled field mushrooms, masala beans, crispy paratha bread and our homemade chilli chutney.

£12.95

EXQUISITE EGGS

Served from 9am until 2pm Monday to Friday | until 12pm Saturday & Sunday

TAMASHA OMELETTE V 10.95

A three egg omelette with chopped tomato, onion, coriander, green chilli and extra mature cheddar cheese. Served with slow-roasted vine tomatoes and chargrilled sourdough.

EGGS FLORENTINE V 10.95

Buttered wilted spinach, two poached free-range eggs and hollandaise sauce. Served on a toasted English muffin.

EGGS BENEDICT 10.95

Turkey ham, two poached free-range eggs and hollandaise sauce. Served on a toasted English muffin.

EGGS ROYALE 12.50

Smoked salmon, two poached free-range eggs and hollandaise sauce. Served on a toasted English muffin.

SCRAMBLED EGGS & SMOKED SALMON 12.50

Free-range scrambled eggs, paired with the finest smoked salmon. Garnished with chives and served on sourdough toast.

TAMASHA STEAK AND EGGS 12.95

Minute steak and fried eggs, hash browns, wilted spinach, grilled mushrooms and slow-roasted vine tomatoes.

EXTRAS

POACHED EGG	2.95
FRIED EGG	2.95
MASALA BEANS	2.95
GRILLED MUSHROOMS	2.95
SMASHED AVOCADO	2.95
TWO HASH BROWNS	2.95
SMOKED SALMON	2.95
VEGAN SAUSAGE	2.95
CHICKEN SAUSAGE	2.95

TAMASHA TAPAS

ANY 3 FOR £30*

TAMASHA PEPPERS **HUMMUS TRIO VEGETABLE SAMOSAS SMOKY GARLIC MUSHROOMS** DYNAMITE CAULIFLOWER **CRISPY CHILLI CHEESE** DYNAMITE CHICKEN **CHICKEN TIKKA SKEWER**

CHICKEN LOLLIPOPS GRILLED LAMB CHOPS TERIYAKI BEEF

TAMASHA FISH CAKES* GARLIC CHILLI KING PRAWNS* SAFFRON SCALLOPS* DYNAMITE KING PRAWNS*

Tapas deal only available Monday - Saturday from 12pm until 4pm | Please see reverse for full item descriptions | *+£2 on all seafood tapas

TAMASHA CURRIES

Monday - Saturday | 12pm - 4pm

VEGETABLE INDIAN CURRY Vegan / GF 18.95

Baby spinach, roasted peppers and chickpeas simmered together in our flavoursome herby tomato sauce. Garnished with garlic and fresh coriander and served with fragrant Jasmine rice.

TAMASHA THAI CURRY GF 21.95

A fragrant and creamy authentic Thai green curry cooked with seasonal vegetables, chicken or prawns. Served with fragrant Jasmine rice.

HIGHWAY CHICKEN CURRY GF 21.95

Our chefs' favourite. Succulent boneless chicken with authentic Indian spices in a delicious flavour-rich curry sauce. Served with fragrant Jasmine rice.

RAILWAY LAMB CURRY GF 23.95

Inspired by the streets of India. Tender cuts of boneless lamb slow-cooked with authentic Indian spices in a delicious flavour-rich curry sauce. Served with fragrant Jasmine rice.

CHEFS' SPECIAL SEAFOOD CURRY 24.95

An indulgent curry of king prawns and scallops, slow-cooked and topped with a fillet of pan-fried sea bass. Served with fragrant Jasmine rice.

BUTTER CHICKEN KATSU Sauce contains nuts 21.95 Succulent panko fried chicken breast and our heart-warming creamy Indian butter makhani sauce. Served over Jasmine rice.

SIGNATURE MAINS

Monday - Saturday | 12pm - 4pm

TAMASHA FUSION SALAD GF 18.95

Grilled chicken tikka or salmon tikka served with Romaine lettuce, rocket, Asian salad, asparagus, broccoli, croutons and egg with a Caesar dressing.

TAMASHA AUBERGINES Vegan / GF 18.95

Roasted aubergine stuffed with Tamasha chick pea dahl and potatoes, Served with a spiced tomato sauce and Asian salad.

STICKY CHILLI CHICKEN 21.95

Chargrilled chicken tikka tossed in our homemade garlic & chilli sauce and served on top of fragrant Jasmine rice with sesame seeds.

CHICKEN TIKKA SKEWERS Sauce contains nuts / GF 21.95 Two succulent chicken tikka skewers marinated overnight in Indian spices, grilled and served with roasted Bombay potatoes, coriander mint chutney, Asian salad and our butter makhani sauce on the side.

PAN-FRIED SALMON TIKKA 24.95

Wild salmon fillet pan-fried to perfection. Served on top of our Indian spiced mash, asparagus and tenderstem broccoli with our butter makhani sauce on the side.

PAN-FRIED SEA BASS Sauce contains nuts / GF 24.95 Fresh sea bass fillets pan-fried to perfection. Served on top of our Indian spiced mash, asparagus and tenderstem broccoli with our butter makhani sauce on the side.

GRILLED LAMB CHOPS GF 24.95

Tamasha lamb chops glazed with chilli and fresh coriander. Served with Asian salad and our roasted Bombay potatoes.

TAMASHA CLUB SANDWICH

Monday - Saturday | 12pm - 4pm

Succulent sliced chargrilled chicken tikka, turkey bacon, tomato, lettuce, and mayonnaise all sandwiched in our toasted sourdough bread and served with house fries.

£14.95

LUNCHTIME MEAL FOR TWO

Monday - Saturday | 12pm - 4pm

ANY TWO TAMASHA TAPAS*

ANY TWO CURRIES OR SIGNATURE MAINS* £49.95

*+£2 ON ALL SEAFOOD TAPAS *+£4 ON ALL SEAFOOD MAINS

Don't forget to tag us on Instagram: @Tamashagrill | #fromtamashawithlove

(V) VEGGIE / VEGAN / (GF) GLUTEN FREE Please inform us of any allergies or dietary requirements before you order. All meat served is Halal. It is not guaranteed that any product is 100% free of any allergen due to the cross contamination in our busy kitchen.