

# HOT DRINKS



**Drip Coffee** 

**Coffee Refill** 



**Espresso** 

**Americano** 

<u>Latté</u>

**Cappuccino** 

Café Mocha

**Tea** 

**London Fog** 

**Chai Latté** 

Steamer inc. flavour

Hot Chocolate inc. wh cream







# COLD DRINKS

### Flash Brew Iced Coffee



**Iced Tea** 

**Iced Latté** 

**Iced Mocha** 

Frozen Latté Frappe

Frozen Mocha Frappe

Frozen Chai Frappe

Viet. Iced Coffee

**Italian Soda** 

**Milkshake** 

Water Bottle
Sparkling Water
Can Soda
Orange Juice













## Toast w/ PB & Jam

White, Multigrain, Marble Rye, or Gluten Free (\$1 extra)



### **Buttered Bagel**

Plain, Cheese, Multigrain, or Everything Add Peanut Butter and Jam

Add Cream Cheese
Add Spinach & Feta Cream Cheese

## **Bagel Sandwich**

Egg and Cheese w/ 1 Meat and 1 Vegetable on your choice of Bagel

Meat: Ham, Bacon, Turkey Bacon, Chicken, or Salami Vegetables: Mushroom, Onion, Pepper, Tomatoes, or Olives

### Simple Breakfast

2 Eggs, toast, and Choice of Meat (Bacon, Ham, or Turkey Bacon)

#### **Omelette**

3 Eggs and Cheese w/ Choice of 1 Meat and Vegetable and Toast

Meat: Ham, Bacon, Turkey Bacon, Chicken, or Salami Vegetables: Mushroom, Onion, Pepper, Tomatoes, or Olives

## **Pancakes**

2 Pieces and Choice of Ham, Bacon, or Turkey Bacon

#### **French Toast**

2 Pieces and Choice of Ham, Bacon, or Turkey Bacon







# LUNCH



Comes with Whole Wheat Roll



#### **Grilled Cheese**

Cheddar and Swiss on White

Add a Meat



## **Egg Salad Sandwich**

Egg Salad and Lettuce on White

#### **Tuna Salad Sandwich**

Tuna Salad and Lettuce on White

### **BLT Sandwich**

Bacon, Lettuce, and Tomato with Mayo on White

### **Chicken Salad Sandwich**

Chicken Salad & Lettuce on Multigrain

### <u>Quesadilla</u>

Cheddar, Tomatoes, Green Peppers, Onions, w/ Salsa & Sour Cream
Add Chicken

#### **Ham Swiss Mushroom Melt**

Ham, Swiss, Sauteed Mushrooms, Lettuce on Focaccia w/ Mayo

#### <u>Italian Panini</u>

Salami, Ham, Cheddar, Tomatoes, Olives, Onions, on Focaccia

#### Tuna Melt

Tuna Salad, Swiss and Cheddar on Focaccia



#### The Reuben

Corned Beef, Sauerkraut, Swiss, Thou. Isle Dressing on Marble Rye Choose: Swiss or Cheddar, Mustard or Thous. Isle Dressing





# Tea

Provided by





Black Current\*\*
Cinnamon

Earl Grey
English Breakfast
Mango
Monk's Blend
Orange Pekoe
Orange Spice

# **Chai Teas**

Vanilla Cream

Chai Green Chai Lemon Grass

# **Green Teas**

Blueberry
Japanese Roasted
Rice
Japanese Sencha

Jasmine
Lemon
Roses Sencha

## **Herbal Teas**

# **Rooibos Teas**

Blueberry\*\*
Caramel\*\*
Chai\*\*
Constantia\*\*
Earl Grey\*\*
Honey Bush\*\*
Licorice\*\*
Raspberry\*\*
Regular Rooibos\*\*
Spring Fever\*\*
Strawberry\*\*
Vanilla Nut\*\*

\*\* Indicates
Decaffeinated







# Flavours





## **Fruit Flavours**



Cinnamon

Gingerbread

Hazelnut

Irish Cream

Lavender

Maple

**Peppermint** 

**Pumpkin Spice** 

Vanilla

White Chocolate

Blackberry Blueberry Cherry

**Grenadine (Mixed Berry)** 

Guava

Kiwi

Lemon

Lime

Mango

Orange

Peach

Raspberry

Strawberry

## **Sugar-Free Sweet** <u>Flavour</u>

Caramel Hazelnut **Irish Cream** Vanilla

# **Sugar-Free Fruit Flavours**

Lime Peach **Pineapple** Strawberry



